PROTOCOL FOR ADMINISTRATION OF ORAL CONTRAST MEDIA FOR ABDOMEN AND PELVIS CT EXAM

Purpose: To ensure adequate opacification of the gastrointestinal tract necessary for accurate interpretation of a CT of the Abdomen and Pelvis by the radiologist.

Policy:
1. The need for oral contrast will be determined by the radiologist’s protocol of the procedure.

2. The dosing requirements for Abdomen only

   Readi-Cat 2
   1st dose Drink entire 1st bottle 1 hour prior
   2nd dose Drink ¾ of 2nd bottle 30 minutes prior
   3rd dose Drink ¼ of 2nd bottle Table dose *
   *Table dose should be given after IV needs are met.

   VoLumen
   1st bottle 10 minutes prior
   2nd bottle 0 minutes prior
   1 cup water Table dose
   Patient should finish 2 bottles in 20 minutes, scan at 30 minutes with one cup of water administered on the table.

   Gastrografin
   1st dose 30 minutes prior
   2nd dose Table dose*
   *Table dose should be given after IV needs are met.

3. The dosing requirements for Abdomen/Pelvis

   Readi-Cat 2
   1st dose Drink 1st bottle 2 hours prior
   2nd dose Drink 2nd bottle 30 minutes prior
   3rd dose Drink 3rd bottle Table dose *
   *Table dose should be given after IV needs are met.

   VoLumen
   1st bottle 30 minutes prior
   2nd bottle 15 minutes prior
   3rd bottle 0 minutes prior
Patient should finish 3 bottles in 45 minutes, scan before 60 minutes with one cup of water administered on the table.

Gastrografin
1\textsuperscript{st} dose  30-45 minutes prior
2\textsuperscript{nd} dose  Table dose*

*Table dose should be given after IV needs are met.

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