LOUISIANA STATE UNIVERSITY HEALTH SCIENCES CENTER
– SHREVEPORT

PATIENT EDUCATION REGARDING POTENTIAL
FOOD/DRUG INTERACTIONS

Purpose:

To identify and educate patients and families on possible food/drug interactions so that optimal benefits from both medication and food can be obtained, and harmful interactions avoided.

To improve patient outcome.

To report actions to the Pharmacy and Therapeutics Committee.

Policy:

1. Hospitalized patients and families may receive education on potential food/drug interactions during hospitalization and/or upon discharge.

2. The patient and family will be assessed for readiness to learn and teaching will occur as appropriate and documented in the Electronic Health Record.

3. Supplemental written information on food-drug interactions will be provided in the patient handbook. The objectives covered in the patient handbook will include:

   a. Educate patients on medicines commonly implicated in food-drug interactions
   b. Provide information on specific examples of food-drug interactions
   c. Inform patients of practices used to prevent food-drug interactions
   d. Refer patients to healthcare professionals for additional food-drug interaction information.

Approved by Clinical Board 6/20/00, 6/17/03, 6/20/06, 1/16/07, 3/16/10, 3/19/13
Written: 3/16/95
Reviewed: 11/06, 2/10, 3/13
Revised: 11/97, 4/00, 5/03, 5/06, 11/06, 3/13