Philosophy and Statement of Goals

Psychiatric Mental Health Nursing is the process whereby the nurses assist persons, as individuals, families or in groups, in developing a more positive self-concept, or more harmonious pattern of interpersonal relationships, and a more productive role in society. The achievement of these goals requires assessing the needs; developing and implementing plan of care; developing and terminating therapeutic relations between staff and patients.

Our Philosophy includes the following beliefs:

A. Human beings are complex systems of interrelated parts, the whole of which is greater than the sum of the parts.

B. Each individual possesses a potential for personal emotional growth.

C. Each individual is unique and has inherent value.

D. Sufficient similarity exists among human beings so that there is always a basis for developing mutual understanding and communication.

E. All behavior has meaning. It is a learned response based on experiences and represents the best possible adaptation the individual is capable of making at the time.

F. Behavior is learned, primarily as a result of the individual's interaction with significant persons in the environment.

G. We believe that the patients have the right and responsibility to participate in the planning of their goals during hospitalization.

All patients and/or families will be provided education by the staff concerning their illness, symptomatology, meds, and the dynamics of their intra/interpersonal relationship for greater understanding of their condition and to prevent relapse.