Standards of Care
Uvulopalatoplasty

Objectives:
1. To prevent aspiration.
2. To maintain patent airway without signs of respiratory distress.
3. To experience minimal blood loss.
4. Patient to verbalize adequate pain relief.
5. To educate the patient and or family regarding disease process, plan of care and procedures.

Process Standards:
1. Assess respiratory status, monitor and maintain oxygen saturation of 93% or greater.
2. Assess for airway edema.
3. Elevate head of bed to decrease swelling in throat.
4. Suction at bedside.
5. Assess for complications such as hemorrhage, infection, swallowing difficulty, impaired speech, nasal reflux, dry mouth, increased gag, and recurrence of snoring.
7. Pain medication/anti-emetics given as ordered for complaints of pain/nausea.
   a. Precaution should be taken to prevent respiratory depression.

Expected Outcomes:
1. Airway maintained without signs of respiratory distress.
2. Oxygen saturation maintained at 93% or >.
3. Minimal drainage noted on moustache dressing.
4. Verbalizes adequate pain/nausea relief.
5. Patient and or family verbalizes understanding of disease process, plan of care and procedures.

Reference: