



Department of Radiology
**Out-Patient Instructions
for Cleaning Small Bowel Prep
(Follow Directions Carefully)**

PATIENT STAMP

_____, you are to come to the Hospital for a Small Bowel Exam on _____
Start these instructions on _____ morning _____

1. ALL DAY



Do not eat any solid food – Drink only clear liquids. You may have only plain jello, strained juices, soft drinks, clear broth, coffee or tea (no milk or cream added)

2. 9:00 A.M.



Drink a large 8 oz glass of water (or soft drink occasionally) every two hours from 9:00 a.m. to 9:00 p.m. Circle the following hours as you drink your fluid.

9 11 1 3 5 7 9



3. 4:00 P.M.



Drink one bottle of Mag Citrate.

5. 10:00 P.M.



Take nothing by mouth. Do not eat or drink anything until after your examination.

IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT OR HAVE ANY QUESTIONS, PLEASE CALL THE X-RAY DEPARTMENT AS SOON AS POSSIBLE. Call 675-6200 between the hours of 7:00 a.m. and 4:00 p.m., Monday through Friday.

Remember, your appointment is _____, _____ A.M.