

**LSUHSC-Shreveport  
Radiation Oncology  
Proc. 19.3.1.1**

**Nutritional Assessment and Care**

**Policy:**

The Radiation Oncology Department will consult nutritional services for patients having nutritional needs during their radiation therapy treatment course. To assure that the Department of Radiation Oncology provide guidelines in assessing and caring for patient nutritional needs.

**Procedure:**

1. Patients are weighted on the initial consult visit and on a weekly basis during the course of their treatment. Nursing staff document results on the treatment booklet, maintained in the radiation therapy chart.
2. Patients are instructed on the importance of maintaining proper nutrition during their treatment course. They are also provide education handouts for nutritional supplements and dietary suggestions.
3. If the patient experiences a weight loss of 10% or more, the nurse will inform the physician.
4. The physician will assess the patient and prepare a consult to nutritional service.
5. Patients will be assessed week by the radiation therapy nurses for the duration of treatment course and weights will be document in treatment chart.

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