

**CRITERIA FOR EARLY RELEASE OF PATIENT  
(For patients administered more than 33 mCi of I-131)**

Purpose: The following form and associated process will be used to authorize the early release of a patient being treated with > 30 mCi of I-131

Patient Name \_\_\_\_\_

Medical Record Number \_\_\_\_\_

Radiopharmaceutical Therapy with I-131 Sodium Iodide

Activity to be administered \_\_\_\_\_ mCi, on Date \_\_\_\_\_

Therapy Procedure (circle one) Thyroid Cancer, Hyperthyroid, Ablation

Thyroid ( or cancer) uptake \_\_\_\_\_% (if cancer uptake is unknown, enter n/a)

Patients unable to comply with the following criteria are not suitable candidates for immediate release. Immediate release requires a Yes for each statement

- |  |     |
|--|-----|
| a. Patient able to understand written instructions   | Yes |
| b. With minor exceptions, patient is able to maintain a distance of<br>At least 6 feet from other individuals for at least 48 hours                    | Yes |
| c. Sleep alone for at least first night  | Yes |
| d. Avoid public places including; travel by plane, public transportation<br>grocery store, theater, restaurant, sporting events for at least first day | Yes |
| e. Able to avoid prolonged travel in automobile with others for at least<br>first 2 days   | Yes |
| f. Able to hygienically use bathroom   | Yes |
| g. Able to drink plenty of fluids for at least first 2 days  | Yes |

**For more than 200 mCi planned therapy, the following also applies:**

- |  |     |
|--|-----|
| h. Live alone for at least first 2 days                                    | Yes |
| i. Able to restrict visits by family and friends for at least first 2 days | Yes |

**Authorized user signature indicates high probability of patient compliance.**

LSUHSC Shreveport  
Radiology Department  
Proc 18.8.1.19

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Authorized User Physician

**\*\*Attach copy to written directive**

Reviewed: 2/01, 11/06, 3/23/2010