

CARE OF THE PATIENT IN RESTRAINTS

OBJECTIVES:

1. To provide appropriate restraint use in non-violent medical surgical patients and unanticipated severely aggressive or destructive behavior that places the patient(s) or others in imminent danger.

PROCESS STANDARDS:

1. Hospital Policy, 5.15.0, Restraint and Patient Care Services Policy, R-45, Restraint Application, will be strictly adhered to in all aspects of restraint use.
2. Verify complete MD order for restraints per policy. Orders for restraint intervention will be utilized only after non-physical alternative measures, such as behavioral intervention, de-escalation, room change, environmental changes, etc have failed, unless safety issues demand an immediate physical response.
3. The least restrictive device based on patient reassessment and clinical judgment will be utilized for restraint.
4. Staff who participate in restraint use and application, based on job description, will be competent to do so as evidenced by documentation in their file.
5. The patient/significant other will receive instruction regarding restraint use/procedure.
6. All side rails must be in the up position & bed in lowest position when using restraints. **Do not** attach restraints to side rails; attach to bed frame. If necessary, use a side rail cover, or gap protector, especially with split side rails, to prevent the patient's body from going under, around, through, or between the side rails.
7. The non-violent medical-surgical patient who is restrained will be reassessed at least every two hours for the continued need for restraints, skin/circulation as well as interventions performed to provide assistance with ADL's, relief from restraints and repositioning for comfort, etc., as possible.
8. The severely aggressive/violent medical-surgical patient who is restrained will be continuously monitored with every 15 minutes reassessments for the continued need for restraints, safety issues and assistance with ADL's, etc., as needed.
9. Restraint devices will be discontinued as soon as they are no longer needed to protect self/others and /or to lines, tubes, dressings have been discontinued, or behavioral guidelines ordered by the physician have been met and documented.

OUTCOME STANDARDS:

1. Patient safety will be maintained without harm to self or others.
2. The patient will demonstrate the ability to function safely.

CARE OF THE PATIENT IN RESTRAINTS

HAVE I DOCUMENTED:

- *Progressive measures taken before restraints (e.g. sitter, medication, re-direction)
- *Reason for restraints (e.g. protect patient from pulling out lines, tubes etc)
- *Assessment every two hours for nonviolent Med-Surg patient and continuous monitoring with 15 minute assessments for severely aggressive/violent patient
 - Continued need for restraints
 - Skin assessment
 - Circulatory assessment of affected extremity
- * Patient/family education
- * Patient orientation
- * Interventions provided
 - Assistance with ADLs
 - Relief from restraints (ROM as needed)
 - Repositioning if possible

At The Time Restraints Were Discontinued:

- * Patient safety was maintained during use.
- * Patient has demonstrated the ability to function safely.

Reference:

1. State Operations Manual. Appendix A-Survey Protocol, Regulations and Interpretive Guidelines for Hospitals. Transmittals for Appendix A. Rev. 47, June 5, 2009. Department of Health and Human Services, Center for Medicare and Medicaid Services. Subject: Revise Appendix A, "Interpretive Guidelines for Hospitals", "§482.13(e) Standard: Restraint", p.p. 88-140;
http://www.cms.hhs.gov/manuals/Downloads/som107ap_a_hospitals.pdf
2. Hospital Policies:
 - Hospital Policy 5.15.0 Restraints
http://www.sh.lsuhs.edu/policies/policy_manuals_via_ms_word/hospital_policy/h_5.15.0.pdf
 - Hospital Policy 5.15.1 Restraint of the Behavioral Health Disorder-Unanticipated Severely Aggressive Patient
http://www.sh.lsuhs.edu/policies/policy_manuals_via_ms_word/hospital_policy/h_5.15.1.pdf
 - Hospital Policy 5.15.2 Restraint of the Nonviolent Patient
http://www.sh.lsuhs.edu/policies/policy_manuals_via_ms_word/hospital_policy/h_5.15.2.pdf
3. Nursing Policy R-45 Restraint Application
http://www.sh.lsuhs.edu/policies/policy_manuals_via_ms_word/Nursing/R-45.pdf