

## **ALTERATION IN BODY IMAGE**

### **OBJECTIVES:**

1. To promote acceptance of alteration in body function/structure.
2. To promote self care/independence.

### **PROCESS STANDARDS:**

1. The patient will be encouraged to communicate fears and anxieties.
2. The patient will be instructed in self care.
3. Ancillary hospital personnel such as Case Management, Social Services, WOCN, Pastoral Care, Rehabilitative Services, etc., will be consulted as needed and/or per MD resources.

### **OUTCOME STANDARDS:**

#### **At the time of discharge:**

1. The patient will begin to communicate acceptance of alteration in body function/structure.
2. The patient will understand and participate in self care.
3. The patient will communicate awareness of available community resources.

### **HAVE I DOCUMENTED:**

- \* Patient concerns
- \* Patient education
- \* Community resources
- \* Consults
- \* Ability to perform self care

#### **At The Time of Discharge:**

- \* Current performance level of adaptation and progress
- \* Patient/family has understanding of home and follow-up care

### **Reference:**

1. Breakey, James W. (1997) Body Image: The Inner Mirror. Journal of Prosthetics and Orthotics. American Academy of Orthotics and Prosthetists Volume 9, Number 3 (pp107-112). Accessed 5/13/09: [http://www.oandp.org/jpo/library/1997\\_03\\_107.asp](http://www.oandp.org/jpo/library/1997_03_107.asp)
2. Doenges, M., Moorhouse, M., and Murr, A. Accessed 5/13/09: [AR, LA, OK Libraries - LSU - Shreveport -- Nurse's Pocket Guide: Diagnoses, Prioritized Interventions, and Rationales - 11th Ed. \(2008\)](#). *Disturbed body image*. Philadelphia: F. A. Davis.