

CARE OF THE INFANT WITH FEEDING PROBLEMS

OBJECTIVES:

1. Establish the infant's history.
2. To promote parent/family's understanding of feeding problems and management, including family history.
3. To promote patient tolerance of feedings.
4. To maintain and/or restore adequate nutritional status.

PROCESS STANDARDS:

1. The parent/significant other will be instructed regarding tests and procedures.
2. The feeding technique of parent/significant other, the amount and character of emesis, and color, odor, consistency and frequency of stools will be assessed and documented.
3. Intake and output will be documented at least every 8 hours.
4. The infant will be weighed daily, at the same time, if possible, with appropriate documentation in the medical record.
5. Small, frequent feedings will be offered with frequent burping or as ordered by MD.
6. The parent/significant other will be instructed in proper infant pre and post feeding positions.
7. The tolerance of all feedings will be documented.
8. The parent/significant other will be encouraged to communicate questions and anxieties.

OUTCOME STANDARDS:

At the time of discharge:

1. The parent/significant other will have demonstrated proper feeding techniques and feeding positions as noted in the medical record.
2. The infant will have tolerated feedings for the 24 hours prior to discharge.
3. The infant will have adequate weight gain prior to discharge.

HAVE I DOCUMENTED:

- * Emesis
 - Amount
 - Color
- * I&O every 8 hours

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HAVE I DOCUMENTED continued:

- * Daily weights
- * Feeding techniques
 - Parent/Significant other instructed
 - Parent/Significant other able to demonstrate

At The Time of Discharge:

- * Feeding tolerance for the past 24 hours
- * Parent/Significant other able to demonstrate feeding technique
- * Weight gain
- * Parent/Significant other has understanding of home and follow-up care

Reference:

1. Potts, N. and Mandleco, B. Pediatric Nursing: Caring for Children and Their Families. (2007). Part IV *Alterations in Nutrition and Elimination*-Chapter 23: Gastrointestinal Alterations. Clifton Park, NY: Thomson Delmar Learning.
2. Hay, W., Levin, M., Sondheimer, J., and Deterding, R. Current Diagnosis and Treatment: Pediatrics, 19th edition. (2009). Chapter 20: Gastrointestinal Tract. Columbus, OH: The McGraw-Hill Companies, Inc.
3. Wilson, D. and Hockenberry, M. Wong's Clinical Manual of Pediatric Nursing-7th ed. (2008). Unit 4 *Nursing Care Plans*-Nursing Care of the Child with Gastrointestinal Dysfunction. St. Louis, MI: Mosby Elsevier.