

## **CARE OF THE OSTOMY PATIENT**

### **OBJECTIVES:**

1. To promote patient/significant others' acceptance of the ostomy.
2. To increase knowledge of self care.

### **PROCESS STANDARDS:**

1. Wound Ostomy Continence Nurse (WOCN) will be consulted.
2. Nursing personnel in cooperation with the ostomy nurse will:
  - a. Encourage the patient/significant other to communicate fears and anxieties.
  - b. Assure that the patient/significant other will be instructed in the purpose and maintenance of the ostomy and possible complications.
  - c. Encourage the patient/significant other to participate in ostomy care.
  - d. Assure that the patient/significant other will be provided with information regarding available community resources.

### **OUTCOME STANDARDS:**

#### **At the time of discharge:**

1. The patient will communicate both positive and negative feelings regarding the ostomy.
2. The patient/significant other will have demonstrated skills necessary for stomal care, skin care, and pouch application.
3. The patient will understand the steps necessary for obtaining ostomy supplies in the community.
4. The patient will be able to communicate complications associated with ostomies and know whom to contact if problems arise.

### **HAVE I DOCUMENTED:**

- \* Consult to WOC nurse
- \* Ability to assist in ostomy care
- \* Demonstration of appliance application
- \* Patient/significant other education throughout hospital stay/discharge
  - Self care
  - Use of equipment and supplies in care of the ostomy
  - Accessing Community resources
  - Complications and actions to take

#### **At The Time of Discharge:**

- \* Ability to assume self care by patient or significant other
- \* Documentation of education with patient/significant other on the "Knowledge" Problem/Priority section of the 24 Hour Plan of Care (POC), the IPEF (Interdisciplinary Patient Education Form) S/N 1102, or the narrative section of the 24 Hour POC.

## Standard 17

Revised: 2003, 2006, 2009

Reviewed: 1991, 1994, 1997, 2000

### CARE OF THE OSTOMY PATIENT

#### Reference:

1. Dorman, C. RN. July; 72(7) 22-27. *Ostomy Basics*. Accessed 11/17/2009 [EBSCOhost: Ostomy basics](#).
2. WOCN Policy Manual (LSUHSC-S). Section 3: Ostomy Care  
[http://www.sh.lsuhs.edu/policies/policy\\_manuals\\_via\\_ms\\_word/WOCN/WOCN\\_03.pdf](http://www.sh.lsuhs.edu/policies/policy_manuals_via_ms_word/WOCN/WOCN_03.pdf)
3. WOCN Policy Manual (LSUHSC-S). Section 5: Ostomy Pouching Procedures  
[http://www.sh.lsuhs.edu/policies/policy\\_manuals\\_via\\_ms\\_word/WOCN/WOCN\\_05.pdf](http://www.sh.lsuhs.edu/policies/policy_manuals_via_ms_word/WOCN/WOCN_05.pdf)
4. WOCN Policy Manual (LSUHSC-S). Section 6: Ostomy Nursing Diagnosis  
[http://www.sh.lsuhs.edu/policies/policy\\_manuals\\_via\\_ms\\_word/WOCN/WOCN\\_06.pdf](http://www.sh.lsuhs.edu/policies/policy_manuals_via_ms_word/WOCN/WOCN_06.pdf)
5. WOCN Policy Manual (LSUHSC-S). Section 7: Ostomy Glossary Management  
[http://www.sh.lsuhs.edu/policies/policy\\_manuals\\_via\\_ms\\_word/WOCN/WOCN\\_07.pdf](http://www.sh.lsuhs.edu/policies/policy_manuals_via_ms_word/WOCN/WOCN_07.pdf)