Falls Prevention Competency Test
LSUHSC-S

Name/Title: _________________________________________________

Department: _______________________ Date: _____________

Policy Reviewed:

<table>
<thead>
<tr>
<th>Policy Reviewed</th>
<th>Yes</th>
<th>No</th>
<th>N/A</th>
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<tbody>
<tr>
<td>Falls Policy</td>
<td>H- 5.42</td>
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<tr>
<td>Variance</td>
<td>H- 2.22</td>
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<tr>
<td>Gait Policy</td>
<td>N-G-15</td>
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<tr>
<td>Side Rails</td>
<td>N – S-25</td>
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<td>Clinical Alarms</td>
<td>N- A- 15</td>
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<td>Standards of Care</td>
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Please circle the correct answer to the following questions.

1. All falls are preventable.
   A. True   B. False

2. LSUHSC-S has a fall prevention program.
   A. True   B. False

3. Patients may be assessed for falls risk during clinic visits, and if admitted, daily as the patient’s condition warrants.
   A. True   B. False

4. A patient who has experienced a fall shall have an immediate physical assessment.
   A. True   B. False

5. A variance report is completed for every fall during the shift of occurrence and forwarded to Quality Management.
   A fall resulting in a major injury shall be reported to Unit Manager or Administrative House Manager.
   A. True   B. False

6. LSUHSC-S Falls Prevention Program requires which of the following to be implemented for a patient at risk for falls:
   A. visible marker (leaf symbol) on door and over bed
   B. orange alert page in front of the chart
   C. falls bracelet
   D. non-skid slippers
   E. gait belt
   F. education of patient and family
   G. all the above
7. To prevent falls, staff should:
   A. assess patients at risk for falls and document
   B. place bed in lowest position with wheels locked on beds and wheelchairs
   C. call bell should be within reach
   D. food tray accessible and within reach
   E. assistive devices near: glasses, walkers, etc
   F. safe clean environment
   G. make sure floors are clean and dry
   H. all the above

8. Patients and family should be given a patient handbook, and falls prevention discussed and documented.
   Everyone should know what role he or she plays in preventing falls.
   A. True          B. False

9. An on the job injury, not a variance, is filled out when an employee falls.
   A. True          B. False

10. Keeping the room free of clutter can greatly reduce falls for patients, visitors, and staff.
    A. True          B. False

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**Gait Belt Competency Check Off**
\[\text{LSUHSC-S}\]

**Name/Title:** ______________________________________________  
**Department:** __________________  **Date:** ____________

**Review Nursing Policy:** G-15

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<thead>
<tr>
<th></th>
<th>Met</th>
<th>Not Met</th>
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<tbody>
<tr>
<td>1. Patient identified as a risk for falls, and the falls program (leaf, bracelet, etc) implemented</td>
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<tr>
<td>2. Explain use of gait belt to patient</td>
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<td>3. Position patient in a sitting position</td>
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<td>4. Apply belt snuggly to patient’s waist; you should be able to get entire hand inside the belt</td>
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<td>5. After patient is standing, use the belt to stabilize and use entire hand when assisting</td>
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<td>6. If the patient begins to fall, pull the patient close to your body</td>
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<td>7. Slowly lower the patient to the floor using the belt.</td>
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**Observer / Title** ___________________________  **Date** ____________