

## LSUHSC-Shreveport and LSUHSC-Monroe

Major Participating Institutions-The Asthma Allergy Clinic, Brentwood Behavioral Health Company, Christus Schumpert Health System, Huey P. Long Medical Center, North Caddo Medical Center, Overton Brooks Veterans Affairs Medical Center, Pinecrest Development Center, Rapides Regional Medical Center, Shriners Hospitals for Children, Willis Knighton Medical Center

### RESIDENT LEVELS OF CARE

#### PSYCHIATRY

Resident Level: PGY-1

<b>Clinical Diagnosis and Management</b>	<b>Clinical Non-Invasive Management</b>
<p><b><u>Patient Care:</u></b></p> <ul style="list-style-type: none"> <li>• Perform and document a history and physical exam</li> <li>• Obtain social and family histories</li> <li>• Perform a basic mental status exam</li> </ul> <p><b><u>Medical Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Recognize acute psychiatric symptoms and major CNS disorders</li> <li>• Recognize medical disorders that mimic psychiatric symptoms</li> <li>• Recognize psychiatric disorders that mimic medical illnesses</li> <li>• Recognize drug interactions</li> </ul> <p><b><u>Interpersonal and Communication Skills:</u></b></p> <ul style="list-style-type: none"> <li>• Develop good rapport with acutely ill patients and their families</li> <li>• Relate well within the healthcare team</li> </ul> <p><b><u>Professionalism:</u></b></p> <ul style="list-style-type: none"> <li>• Prepare for and arrive to team meetings in a timely manner</li> <li>• Answer pager reliably</li> <li>• Use supervision appropriately</li> <li>• Demonstrate knowledge of self-</li> </ul>	<p><b><u>Patient Care:</u></b></p> <ul style="list-style-type: none"> <li>• Manage the agitated patient</li> <li>• Manage the acutely suicidal patient</li> <li>• Order seclusion and restraints appropriately</li> <li>• Demonstrate empathy in acutely ill patient care</li> <li>• Participate in treatment decisions and discharge planning</li> <li>• Become acquainted with telepsychiatry evaluations</li> </ul> <p><b><u>Medical Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Follow multiple patients with the following diagnoses: schizophrenia, bipolar disorder, major depressive disorder, substance dependence, abuse and intoxication</li> <li>• Successfully complete a written cognitive exam</li> </ul> <p><b><u>Interpersonal and Communication Skills:</u></b></p> <ul style="list-style-type: none"> <li>• Educate patients and their families about illness and recurrence prevention</li> <li>• Obtain collateral information in an appropriate manner</li> </ul>

<p>limitations</p> <p><b><u>Practice-Based Learning and Improvement:</u></b></p> <ul style="list-style-type: none"> <li>• Read about issues related to patient care and acute illness</li> <li>• Apply evidence-based medicine to patient care decisions</li> <li>• Access and uses on-line information</li> </ul> <p><b><u>Systems-Based Practice:</u></b></p> <ul style="list-style-type: none"> <li>• Recognize and utilize appropriate community resources for patients</li> <li>• Knowledge of legal issues related to acute patient care</li> <li>• Consider financial implications of patient care</li> <li>• Advocate appropriately for patients and their families</li> </ul>	<ul style="list-style-type: none"> <li>• Successfully complete a mock oral board exam</li> </ul> <p><b><u>Professionalism:</u></b></p> <ul style="list-style-type: none"> <li>• Respect diversity of culture, gender and race</li> <li>• Act and dress in an appropriate manner for a physician</li> <li>• Timely completion of admission and discharge summaries</li> </ul> <p><b><u>Practice-Based Learning and Improvement:</u></b></p> <ul style="list-style-type: none"> <li>• Videotape/audiotape and/or perform an interview in front of faculty for critique and feedback</li> <li>• Identify evidence-based practices in daily rounds and in didactics</li> </ul> <p><b><u>Systems-Based Practice:</u></b></p> <ul style="list-style-type: none"> <li>• Evaluate at least 50 patients with psychiatric disease in an ER setting with appropriate disposition decision-making</li> </ul>
<p>* A faculty physician, other than another resident, is present physically during the key portions of the procedure or is immediately available.</p>	

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### RESIDENT LEVELS OF CARE

#### PSYCHIATRY

Resident Level: PGY-2

<b>Clinical Diagnosis and Management</b>	<b>Clinical Non-Invasive Management</b>
<p><b><u>Patient Care:</u></b></p> <ul style="list-style-type: none"> <li>• Obtain accurate past and present history justifying need for treatment</li> <li>• Obtain important social, family and developmental histories</li> <li>• Use past and present medical records appropriately (paper or electronic)</li> <li>• Begin using the biopsychosocial case formulation</li> </ul> <p><b><u>Medical Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Know the FDA-approved indications and side effects of most psychiatric medications</li> <li>• Discriminate between psychiatric patients requiring inpatient from outpatient treatment</li> </ul> <p><b><u>Interpersonal and Communication Skills:</u></b></p> <ul style="list-style-type: none"> <li>• Involve the entire healthcare team in evidence-based decision making</li> <li>• Educate patient and their family on illness and medications and discuss preventive measures to decrease relapse and chronicity</li> </ul>	<p><b><u>Patient Care:</u></b></p> <ul style="list-style-type: none"> <li>• Use the MMSE appropriately</li> <li>• Complete DSM-IV multi-axial differential diagnoses in addition to the working diagnosis</li> <li>• Obtain appropriate diagnostic studies to confirm diagnosis</li> <li>• Participate in telepsychiatry evaluations</li> </ul> <p><b><u>Medical Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Know how to assess geriatric and pediatric cases emergently</li> <li>• Know the indications for ECT</li> <li>• Recognize delirium and dementia</li> <li>• Correctly apply pharmacology for agitation and understand the etiology of the agitation</li> <li>• Successfully complete a written cognitive exam</li> </ul> <p><b><u>Interpersonal and Communication Skills:</u></b></p> <ul style="list-style-type: none"> <li>• Successfully complete a mock oral board exam</li> <li>• Perform individual and group supportive therapy</li> <li>• Take a greater role in healthcare team leadership</li> </ul>

**Professionalism:**

- Prepare for and arrive to team meetings in a timely manner
- Answer pager reliably
- Use supervision appropriately
- Demonstrate knowledge of self-limitations and ask for feedback

**Practice-Based Learning and Improvement:**

- Read about issues related to inpatient and outpatient care
- Apply evidence-based medicine to patient care decisions
- Access and use multiple on-line sources of information

**Systems-Based Practice:**

- Contact and utilize appropriate community resources for patients
- Knowledge of legal issues related to inpatient and outpatient care
- Consider financial implications of patient care on both inpatient and outpatient levels
- Advocate appropriately for patients and their families

**Professionalism:**

- Respect diversity of culture, gender and race
- Timely completion of admission and discharge summaries
- Appropriate transfer of knowledge to next shift for continuity of patient care
- Act and dress in an appropriate manner for a physician

**Practice-Based Learning and Improvement:**

- Complete a formal write-up on a patient for review and feedback
- Follow discharged patients and/or PCU (Psychiatric Crisis Unit) patients on an outpatient basis
- Identify evidence-based practices in daily rounds and in didactics

**Systems-Based Practice:**

- Evaluate at least 100 patients with psychiatric illness in the ER
- Evaluate discharged patients in an outpatient setting
- Attend court commitment proceedings and be able to justify reasons for continued hospitalization or discharge

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### RESIDENT LEVELS OF CARE

#### PSYCHIATRY

Resident Level: PGY-3

<b>Clinical Diagnosis and Management</b>	<b>Clinical Non-Invasive Management</b>
<p><b><u>Patient Care:</u></b></p> <ul style="list-style-type: none"> <li>• Able to elicit a complete history and perform a complete neurological exam</li> <li>• Present reasonable differential diagnoses in addition to a working diagnosis</li> <li>• Present cases in a coherent fashion both verbally and in written form</li> </ul> <p><b><u>Medical Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Formulate a correct treatment plan for each diagnostic category</li> <li>• Initiate and maintain correct treatments for all diagnoses based on EBM</li> <li>• Diagnose and treat substance abuse/dependence on an outpatient basis</li> <li>• Recognize issues related to clinical research and how the field benefits from such participation</li> </ul> <p><b><u>Interpersonal and Communication Skills:</u></b></p> <ul style="list-style-type: none"> <li>• Establish and maintain a therapeutic alliance</li> <li>• Use patient and family education</li> </ul>	<p><b><u>Patient Care:</u></b></p> <ul style="list-style-type: none"> <li>• Include collateral information in treatment plan</li> <li>• Include risk assessment as appropriate in all patients</li> <li>• Documentation of patient care is complete and thorough</li> <li>• Attend to healthcare prevention and maintenance needs of the patient, including non-psychiatric health</li> </ul> <p><b><u>Medical Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Understand Axis I and II illnesses, the interplay between them as well as comorbid Axis III diseases</li> <li>• Understand and identify substance abuse/dependence in the presence of psychiatric symptoms</li> <li>• Complete a scholarly project under faculty supervision</li> <li>• Successfully complete a written cognitive exam</li> </ul> <p><b><u>Interpersonal and Communication Skills:</u></b></p> <ul style="list-style-type: none"> <li>• Understand when and how to</li> </ul>

<p>appropriately</p> <ul style="list-style-type: none"> <li>• Communicate results of assessment to patients and families</li> </ul> <p><b><u>Professionalism:</u></b></p> <ul style="list-style-type: none"> <li>• Function in the role of consultant and/or liaison psychiatrist for other medical services, as well as between providers</li> <li>• Demonstrate efficiency and citizenship</li> <li>• Advocate for your peers as well as your patients</li> </ul> <p><b><u>Practice-Based Learning and Improvement:</u></b></p> <ul style="list-style-type: none"> <li>• Perform acceptable short-term psychotherapy</li> <li>• Recognize areas of self-weakness and seek ways to improve</li> <li>• Apply EBM to patient care decisions</li> </ul> <p><b><u>Systems-Based Practice:</u></b></p> <ul style="list-style-type: none"> <li>• Diagnose and treat psychiatric symptoms in non-psychiatric patients</li> <li>• Contact and utilize community resources as part of a system of care</li> <li>• Consider financial resources of patient in all aspects of care</li> <li>• Know about legal issues related to patient care and how it may affect stability</li> </ul>	<p>consider a medical referral and maintain communication with the other provider</p> <ul style="list-style-type: none"> <li>• Discuss risks, benefits, and alternative treatments</li> <li>• Successfully complete a mock oral board exam</li> </ul> <p><b><u>Professionalism:</u></b></p> <ul style="list-style-type: none"> <li>• Timely completion of paperwork</li> <li>• Answer telephone calls promptly</li> <li>• Respond to patient and family communications in a timely manner</li> <li>• Arrange back-up when unavailable</li> <li>• Provide leadership for clinical team and junior residents as well as medical students</li> </ul> <p><b><u>Practice-Based Learning and Improvement:</u></b></p> <ul style="list-style-type: none"> <li>• Access and use up-to-date EBM information appropriately</li> <li>• Improve skills through direct therapy supervision and feedback</li> </ul> <p><b><u>Systems-Based Practice:</u></b></p> <ul style="list-style-type: none"> <li>• Follow a number of outpatients on a weekly basis for psychotherapy</li> <li>• Advocate appropriately for patients and participate in regional, state or national mental health organizations</li> </ul>
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### RESIDENT LEVELS OF CARE

#### PSYCHIATRY

Resident Level: PGY-4

<b>Clinical Diagnosis and Management</b>	<b>Clinical Non-Invasive Management</b>
<p><b><u>Patient Care:</u></b></p> <ul style="list-style-type: none"> <li>• Able to complete a psychodynamic formulation concerning long-term therapy patients</li> <li>• Able to discuss transfer and termination issues with patients</li> </ul> <p><b><u>Medical Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Able to diagnose and treat all categories of psychiatric illness, including disorders of childhood and adolescence</li> <li>• Prepare for the written board certification exam</li> </ul> <p><b><u>Interpersonal and Communication Skills:</u></b></p> <ul style="list-style-type: none"> <li>• Teach a seminar for junior residents and medical/graduate students</li> <li>• Act as a liaison between residents and faculty in all educational endeavors</li> </ul> <p><b><u>Professionalism:</u></b></p> <ul style="list-style-type: none"> <li>• Mentor PGYI/II residents</li> <li>• Advocate for the field of psychiatry so our patients receive the full</li> </ul>	<p><b><u>Patient Care:</u></b></p> <ul style="list-style-type: none"> <li>• Follow children, adolescents and families in therapy</li> </ul> <p><b><u>Medical Knowledge:</u></b></p> <ul style="list-style-type: none"> <li>• Demonstrate competency in combining medications and psychotherapy</li> <li>• Complete a scholarly project or submit an IRB protocol for implementation under faculty guidance</li> <li>• Successfully complete a cognitive exam in preparation for the board certification exam</li> </ul> <p><b><u>Interpersonal and Communication Skills:</u></b></p> <ul style="list-style-type: none"> <li>• Communicate well with colleagues, patients and their families and peers</li> <li>• Successfully complete a mock oral board exam in preparation for the board certification exam</li> </ul> <p><b><u>Professionalism:</u></b></p> <ul style="list-style-type: none"> <li>• Participate in the training of medical students and junior residents</li> </ul>

<p>effect of our training</p> <p><b><u>Practice-Based Learning and Improvement:</u></b></p> <ul style="list-style-type: none"> <li>• Practice medical ethics and seek supervision for difficult and challenging patients</li> <li>• Critically evaluate new drug therapies and other treatments</li> <li>• Perform long-term psychotherapy</li> </ul> <p><b><u>Systems-Based Practice:</u></b></p> <ul style="list-style-type: none"> <li>• Practice cost-effective medicine that still provides the best care for patients</li> <li>• Facilitate learning in other members of the treatment team</li> </ul>	<ul style="list-style-type: none"> <li>• Provide role-modeling for other trainees and become involved in societies or community programs</li> <li>• Become a leader in some aspect of your training program</li> </ul> <p><b><u>Practice-Based Learning and Improvement:</u></b></p> <ul style="list-style-type: none"> <li>• Critically evaluate the psychiatric literature and apply it to your own practice</li> </ul> <p><b><u>Systems-Based Practice:</u></b></p> <ul style="list-style-type: none"> <li>• Consult with community agencies for the advocacy of their patients and families</li> <li>• Work with Primary Care physicians to integrate and teach psychiatric services to ensure excellent care in patients seen in other fields</li> <li>• Participate in regional, state or national mental health organizations</li> </ul>
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